

Laurie Azzarella, LMT, CRR



Laurie Azzarella was guided into alternative therapies seeking information about her condition of Alopecia as her hair loss began at the age of seven. She studied energy work, polarity, reiki, nutrition, herbs, aromatherapy, massage and reflexology. She is now a Nationally Licensed Massage Therapist and Reflexologist and has practiced in Buffalo, NY, Pensacola, FL and her home office in Daphne, AL. She was the founding President of the New York State Reflexology Association, past Director and Secretary for the Reflexology Association of America and holds a Certification in Foot and Hand Reflexology from the American Reflexology Certification Board. She is also a certifying Seminar Instructor with the International Institute of Reflexology and teaches and certifies students in the Ingham Method of Reflexology. In 2018 she founded an educational series, Reflex-OIL-ogy™ of the Body Systems, which teaches essential oil usage on the reflex areas of the feet focusing on one body system at a time. She is also is an educator of Young Living Oils and trains others in the effectiveness of aromatherapy. You may reach her at laurieazzarella@gmail.com or 850-380-4943. Please check the web page, www.reflex-oil-ogy.com for more information.

Education:

Master's Degree in Special Education from Buffalo State College, NY
1981

Certified International Institute of Reflexology Reflexologist since 1993

International Institute of Reflexology (IIR) Seminar Director Training
1998

Graduate New York Institute of Massage Therapy 1995

Continuing Education and Certification in:

Craniosacral Level I
Myofascial Level I
Medical Massage I and II
Lymphatic Drainage
Thai Massage
Reiki Master
Center of Aromatherapy Research and Education
Advanced Reflexology Training
5 Element & Meridian Training
Aromatherapy Training

Work/Practice Experience

Reflexology practice since 1993
Massage practice since 1995
Massage experience includes private offices, fitness center, Daphne, AL
Opened Spa at Beau Rivage in Biloxi, MS 1999 and trained staff in
Reflexology
Certified Reflexologists at the Venetian Canyon Ranch Spa in Las Vegas
Private Practices in Daphne, AL, Pensacola FL, and Buffalo NY
Young Living Educator & Distributor since 1995
Certified Reflexologists in Ingham Reflexology Method throughout the
country

Teaching Experience

North Tonawanda, NY School System 1991-1994
(Elementary-High School & Special Ed)
Community Education Programs in NY and AL 1993 -2001
(Reflexology, Aromatherapy, Massage, Herbology, Yoga)
IIR Introductory Classes 1995 - 1998
IIR Seminar Instructor 1998 - present (certification program)
Introductory Reflexology Class to 6 area Massage schools in AL and FL.
Young Living Therapeutic Essential Oils Educator 1997 - present
Reflex-OIL-ogy™ Modules 2018 - present

Memberships

New York State Reflexology Association - Founder, President, Life Time Member 1993 - present

Reflexology Association of America - Board of Directors, Secretary 1998-2000, Present member

Present Member International Massage Association - member 1995 – present

Florida State Massage Therapy Association member 2009 – present
ARCB – 2001 - present

Accreditations

New York Massage License #007853-1

Alabama Massage License # 520

Florida Massage License MA# 32551

National Massage NCBTMB License #027488-00

IIR Certified Registered Reflexologist

National ARCB Certified Foot Reflexologist

National ARCB Certified Hand Reflexologist

Massage Hall of Fame Honoree 2007

Instructor of the Year Award, World Massage Festival 2021

NCBTMB Provider # 1497

ARCB Provider #SA000173

FL Provider #50-22757

MS Provider #146 2018

Links

Reflex-OIL-ogy: <https://www.reflex-oil-ogy.com/>

Essential Oils: <https://www.myyl.com/reflexwithoils>

Voxx Socks: <https://happyfeetforme.voxxlife.com/>

Phototherapy: <https://lifewave.com/Reflexology>